

# French Broad Cross Country Mountain Bike Training Ride-Asheville NC

*Brought to you by:*



**October 2, 2011, USAC Permit # 2011-3209**

**Thanks to: Buncombe County, MHC Cycling Team, & Ski Country Sports.**

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| <ul style="list-style-type: none"><li>• <b>Event day registration ONLY !</b></li><li>• <b>Registration opens at 12 pm,</b></li><li>• <b>Registration closes 15 min. prior start time</b></li><li>• <b>\$10.00 entry fee</b></li><li>• <b>First timers (one day license) enter B Group</b></li><li>• <b>Non Competitive Event (No Prizes/Awards)</b></li></ul> | <p><b>For more information contact:</b><br/><b>Marios Georgiou: 828-280-3123</b><br/><b>Event Organizer</b><br/><b>gemarios@charter.net</b><br/><b>Event held at Alexander MTB Park</b><br/><b>www.abrc.net</b></p> |
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All riders must have current USAC license. First Timers must purchase 1-day license. All entrants are required to wear a helmet and sign a USAC "Standard Athlete Release Form". Minors must have a parent or legal guardian with them when registering to sign the release form. Sorry, NO EXEMPTIONS.

**COURSE DESCRIPTION (Group A & B) :** Challenging single-track trails with scenic switchbacks along Hwy 251 near Asheville, NC. Start at Landfill Employee entrance road. Ride "Left Loop" clockwise, return back to start area, start "Right" Loop" counterclockwise, and finish near the Landfill Employee entrance road. Group A- ride "Right" loop twice.

**DIRECTIONS:** From Asheville, follow Riverside Drive towards Marshall, NC. Riverside Drive becomes Hwy 251. Trailhead is allocated approximately 1 mile passed the Alexander Post office. Alexander Park Parking area is directly across the trailhead to the left. Registration will be at the park's trailhead.

**PARKING:** Parking is available along HWY 251 on the riverside **ONLY**. Follow signs.

**SCHEDULE:** Group B (MTB Category 3-Entry level, Women, First timers), Approx. 7 miles, start at 1 PM. Group A (MTB Category 1 & 2), Approx. 11 miles, start at 3 PM.

**NOTE:** Event held in conjunction with Mars Hill College mountain bike race weekend taking place October 1-2.